## Acrostic - Number 40 - Humour SPECIAL TREATS

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So you've started your latest Food Diet, denying yourself a Special Treat. Pity you weren't around when I was a Lad, to taste the Grub I used to eat. Egg and Baked Beans on thick toasted Crusts, with a big dollop of Marge. Conny'Onny Butties, maybe Lard or Brown Sauce, tasty and always large. If we were lucky we ate roast Rabbit, smoked Kippers or Tripe Casserole. After helping my Mam make Stawberry Jam, she might let me lick the Bowl. Left-overs were unheard of, because you would get it next day for Dinner. No wonder our Dog was always pining, he couldn't have got any thinner. Tapioca pudding, Sago, Semolina with lumps, was what we got at School. Rhubarb with Watery Custard, Spam & Butterbeans, served on Mondays, as a rule. Even the 'Chippy' fried Chips in Dripping and Wrapped them in Newspaper. All good Food was rationed. A Café was full of Kitchen smells and vapour. Today there's a massive choice of Restaurants, on most City High Streets. So never mind those silly Diets, be healthy and enjoy your Special Treats. more Poems on website > www.liverbard.co.uk